



INTERNATIONAL INDIAN PUBLIC SCHOOL – RIYADH

12 May 2025

REF: IIPS/PRL/25-26/15

Resumption of "Hydration Whistle"

Dear Parents,

As we enter the peak of summer, it is essential to prioritize our health and well-being by staying properly hydrated throughout the day. To support this, we are pleased to announce the resumption of the **Hydration Whistle** practice for the Academic Year 2025–2026.

This initiative is aimed at ensuring that all students remain hydrated and energized during school hours. At designated times, a whistle will sound as a gentle reminder for everyone to pause and take a moment to drink water.

A whistle will sound across the school premises. Two Whistles Each Day:

SCC & Kindergarten - 8:00 am and 10:00 am

Grades I- XII - 8:00 am and 11:00 am

Let's work together to make hydration a regular and healthy habit. Stay cool, stay hydrated!

Regards,

Mohd. Irfan Shaikh
Principal

12/05/25

